

## **AFTERCARE - 'SECOND-SKIN' CLEAN PLASTIC HEALING**

- Leave the clear second-skin on for 4-5 nights.
- You can shower as usual, just be mindful of the plastic lifting at the edges.
- There will be liquid plasma and ink under the film, this is normal and it will dry in two-three days.
- Peel off the plastic in the shower, it can be uncomfortable to remove but will not harm your tattoo.
- Wash your tattoo with warm soapy water, making sure to wipe away excess ink and plasma. Organic/non-scented, or antibacterial liquid soaps are the best options.
- Pat dry your tattoo with paper towel or a clean towel.
- Tattoo can appear slightly cloudy after having been under the wrap for several days.
- Let it air out for 2 hours and then apply some 'Tiger Balm' or natural ointment to moisturise and nourish the healing skin.
- The skin will be shiny and may lightly flake like sunburn. It is very important to be gentle at this stage of healing, do not scratch it!

## **AFTERCARE - 'FIXOMULL' CLOTH BANDAGE HEALING**

- Leave the cloth bandage on for 5-7 nights.
- You can shower as usual, the cloth bandage can be cleaned and rinsed, just be mindful of the fabric lifting at the edges.
- Peel off the cloth fabric in the shower, it can be uncomfortable to remove but will not harm your tattoo.
- Wash your tattoo with warm soapy water, making sure to wipe away excess ink and plasma. Organic/non-scented, or antibacterial liquid soaps are the best options.
- Pat dry your tattoo with paper towel or a clean towel.
- Tattoo can appear slightly cloudy after having been under the wrap for several days.
- Let it air out for 2 hours and then apply some 'Tiger Spit Tattoo Balm' or natural ointment to moisturise and nourish the healing skin.
- The skin will be shiny and may lightly flake light sunburn. It is very important to be gentle at this stage of healing, do not scratch it!

## **AFTERCARE - DRY HEALING**

First 48 hours:

- Leave on the covering on your new tattoo for 2 hours.
- Unwrap the bandage gently in the shower, there will be an excess of plasma/blood built up in the wrap.
- Wash your tattoo with warm soapy water, making sure to wipe away excess ink and plasma. Organic/non-scented, or antibacterial liquid soaps are the

best options.

- After cleaning, apply cold water as this may help the pores of the skin to close which stops excess plasma leaking.
- Pat dry your tattoo with paper towel or a clean towel
- Let it air out for at least 2 hours, and then before bed apply 'Tiger Spit Tattoo Balm' or other natural tattoo ointment and rewrap in cling wrap to sleep.
- Repeat the cleaning process the following morning, making sure to clean any excess plasma that may reappear.
- Allow to air out for 2 hours and then lightly apply 'Tiger Spit Tattoo Balm' or other natural tattoo ointment.
- Do not touch your tattoo with unwashed hands, do not allow other people to touch your tattoo, do allow pets nor pet dander to touch your tattoo. Ensure you have clean sheets and wear clean clothes to eliminate exposure to harmful bacteria. If you do contaminate your tattoo as per the above, wash your tattoo as described to maintain adequate hygiene.

After 48 hours:

- Before sure to keep clean, just continue to apply cream morning and night. If weeping continues, apply less cream and if it appears to be dry, apply more cream.
- Continue this process for the next week until the full surface of the tattoo has peeled, then you can proceed to apply other oils to help rejuvenate your skin such as Bio Oil etc, but only once the first layer has peeled.
- After 4-7 days, the tattoo will start flaking (similar to sunburn). The area will feel quite itchy, but it is important to not pick or scratch as this can lead to infection and unnecessarily long healing to the damaged area. Gently patting the tattoo can give a little bit of relief from itching.
- If looked after properly, your tattoo will take approx 1-2 weeks to heal.

Things to avoid with a fresh tattoo:

For a minimum of 2 weeks after receiving a new tattoo, we recommend avoiding the below irritants for the best healing results.

- Direct sunlight
- Submerging in water (especially chlorinated pools)
- Pets
- Dirt/Dust/Sand
- Fake tan
- Abrasive clothing
- Dirty linen